



# जिजीविषा

## Monthly Newsletter of DAV PUBLIC SCHOOL, BALLABHGARH

### FEATURED THIS MONTH:



Mental Health Awareness sessions for Children



Competitions



Celebrations



Month activities



### Everyday is a new beginning ! Let's Smile and Start again...

Learning never exhausts the mind. For the things we have to learn before we can do them, we learn by doing them.

Learning is not attained by chance, it must be sought for with ardour and attended to with diligence.

**DAV BALLABHGARH** continues its journey of learning amidst the toughest times.

To acquaint you all with our endeavours, we are here again with our latest May edition.

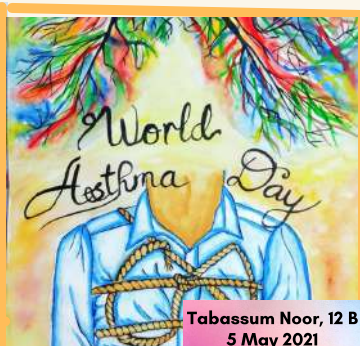
Be it pandemic time or a new venture with technology, our young Davians are as full of spirit as the month of May, and as gorgeous as the sun in midsummer.

### Highlights



15 May, 2021 Pranav Singh, II-A

#### International Family Day



World Asthna Day  
Tabassum Noor, 12 B  
5 May 2021



Yash Yadav, 7D  
Mother's Day  
9 May, 2021



Vaishnawi, 5C

# Plant beautiful thoughts in your Mind, to create beauty in your Life

## Good mental health is the key to a good life.



**Our campaign 'Mental Health Awareness Month' was aimed upon building positive emotions in children which is the foundation for well-being in later life.**

**Just like adults, children too experience all sorts of emotions as part of growing up - fear, disappointment, sadness, anxiety, anger, joy, hope and so on. When children are more socially and emotionally aware and skilled, they can more effectively navigate relationships, calm down and solve problems when challenges arise.**

**Resilience**

**Be**

**Small Good UAS**

**#TogetherWeCan**

**DAV Ballabgarh India**

**Such sessions are the need of the hour. At unprecedented times like these, mental well-being is of utmost importance. It is great to see that your school is taking such brilliant initiatives along with imparting quality education. Kudos!**

**Our alumna Srishti Sharma addressed the juniors, sharing her valuable experiences on how to develop positive attitude towards learning. Students got a lot of motivation and ideas to succeed in their respective ventures.**



**Expert Talk in the field of Humanities**

## The Road to Engineering and Medical Field

**JEE Advanced 2020**

- 82 years of Heritage
- Total Candidates appeared - 2,60,000 for 1,50,000 seats
- 23 IITs (including IIT BHU & IIT Guwahati)
- Ranking 9th, 10th, 11th, 12th, 13th, 14th, 15th, 16th, 17th, 18th, 19th, 20th, 21st, 22nd, 23rd
- 2020th, 19th, 18th, 17th, 16th, 15th, 14th, 13th, 12th, 11th, 10th, 9th, 8th, 7th, 6th, 5th, 4th, 3rd, 2nd, 1st
- Exam held on end of May (Online)

**Career Launches**

**DAV Ballabgarh organized a webinar on May 22, 2021 for the parents and students of XI Non-Medical and Medical stream. The resource person, Mr. Jatin Arora, with over 19 years of teaching experience in IIT/Medical, guided our students on 'ways to balance between board exams and entrance'. He also provided knowledge about JEE Main/Advance to prepare the students for the exam.**

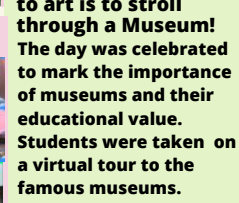
**Celebrations can improve our mental health by increasing our appreciation for positive elements in our lives, and draw upon stores of positive emotion that we have built through memory. So let's go ahead and cherish our special days!**

## Let's lighten the mood and Celebrate!

**World's Asthma Day May 5, 2021**  
**Uncovering Asthma Misconceptions 'Never too early, never too late. Its always the right time to address airways disease.'**  
**With this theme, students raised awareness against commonly encountered misconceptions related to Asthma**



**May 18, 2021 International Museum Day**  
**The best introduction to art is to stroll through a Museum!**  
**The day was celebrated to mark the importance of museums and their educational value. Students were taken on a virtual tour to the famous museums.**



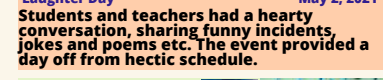
## National Technology Day May 11, 2021

**With every innovation, let's celebrate the Future of India. Technology is a boon specially in present scenario.**

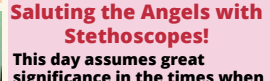
**To promote and celebrate the cause of technical education amongst the students, DAV Public School, Ballabgarh organised many activities to mark National Technology Day, wherein children participated enthusiastically. The models reflected great talent and innovative capabilities of our young generation.**

- CLASS VIII - A**
  - Ppt.presentation
    - First Prize: Vrishi Singhal
    - Second Prize: Veenen Bhardwaj
    - Third Prize: Dhriti Garg
  - Appreciation: Khwaish Jindal
- CLASS: VIII B**
  - Ppt.presentation
    - First Prize: Ridhima Bansal
  - Speech
    - First Prize: Ridhima Bansal
    - Second Prize: Yuvam Aggarwal
- CLASS VIII C**
  - PPT presentation
    - First Prize: Aadi Jain
    - Second Prize: Ketan Garg
- CLASS VII-D**
  - PPT Presentation
    - First prize: Muktaansh
    - Second prize: Rohit Sharma
    - Third prize: Daksh Khetula
- Class VII- A**
  - PPT Presentation
    - First prize: Yash yadav
    - Second prize: Tanun Sharma
    - Third Prize: Nikunj
  - Appreciation: Saksham Ahlawat
- Class VII-B**
  - Speech
    - First prize: Tanun sharma
    - Second prize: Vyom Bhardwaj
  - Project Making
    - First prize: Krishna Singh Asthiana
- CLASS VII-C**
  - PPT Presentation
    - First prize: Jayesh Senger
    - Second prize: Aakash Singh
    - Third prize: Krishna
  - Appreciation: Natik Garg
- CLASS VII-D**
  - PPT Presentation
    - First prize: Manyu Bhatia
    - Second prize: Chhavi Sharma
    - Third prize: Tarun Krishna
  - Appreciation- Natik Garg

**LOL!**  
**Laughter Day May 2, 2021**  
**Laughter is the best medicine!**  
**Students and teachers had a hearty conversation, sharing funny incidents, jokes and poems etc. The event provided a day off from hectic schedule.**



**International Nurses Day May 12, 2021**  
**Saluting the Angels with Stethoscopes!**  
**This day assumes great significance in the times when we are battling with pandemic. To honour their dedication and sacrifice, a special session was conducted which included different activities. Students also offered prayers for peace.**



**May 21, 2021 National Endangered Species Day**  
**The day is celebrated to create awareness to protect threatened and endangered species. Students participated enthusiastically in carrying out various artistic exhibits. Virtual Jungle Safari was the main attraction of the event which provided experiential learning to the students.**



## Drawing Competition

**The True Work of Art is but a Shadow of the Divine Perfection!**  
**Students participated in a drawing competition on the occasion of Mother's day exhibiting their feelings through art.**

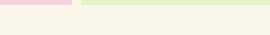
- Class 6**
  - First Prize- Divya (6B)
  - Second Prize- Tanishk (6B)
  - Third Prize- Abhishek (6B)
  - Appreciation- Navya Garg (6B)
- Class 7**
  - First Prize - Yash Yadav (7D)
  - Second Prize- Akash Singh (7B)
  - Third Prize - Akshra (7A)
  - Appreciation- Palak Yadav (7D)
- Class 8**
  - First Prize - Manish Saini (8A)
  - Second Prize - Gargi Vats (8A)
  - Third prize - Arushi Bisht (8C)
  - Appreciation- Raghav Gupta (8C)

**Blue Day Celebration May 17, 2021**  
**Davians paint their moods in shades of blue!**  
**Blue is the colour of the sky and the sea. It symbolizes trust, loyalty, wisdom, confidence and truth. The school organised Blue day for the tiny tots which was a cool and pleasant experience for all.**

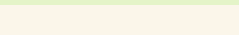


**Mother's Day May 9, 2021**  
**Always a mother, Forever a friend.... Celebrating Mothers Day!**  
**To express their good wishes, students celebrated this most special day on the virtual platform with lots of fun-filled activities. The event was really cherishable.**

**International Family Day May 15, 2021**  
**Family is a big tree whose branches grow in different directions, yet the roots remain as one. Celebrating Family Day! Children came out with their wonderful ideas to cherish this special day.**



**Rabindranath Tagore's birth anniversary was observed with much enthusiasm, fervour and aplomb. Class XII students gave a remarkable tribute to the great author who gave us our National Anthem and the only Indian who won the Nobel Prize for Literature.**



## Singing Competition

**DAV Public School, Ballabgarh Music Department organised Inter Class Solo Singing competition on May 8, 2021 on the occasion of Mother's day,**

- Class 7**
  - First Prize: Rohit Sharma (7D)
  - Second Prize: Manyu Bhatia(7C)
  - Third Prize: Shivali Solanki(7C)
  - Appreciation: Yash Yadav (7A)
  - Khushi Srivastava (7C)
- Class 8**
  - First Prize: Riya Saxena (8A)
  - Second Prize: Mahi(8D)
  - Third Prize: Arushi Bisht(8C)
  - Appreciation: Anika Sood (8B)
  - Ridhima Bansal (8B)
- Class 9**
  - First Prize: Bhavna (9A)
  - Second Prize: Ishaan Verma (9B)
  - Third Prize: Princy Arora (9B)
  - Appreciation: Dhiksha Chaudhary (9B)
  - Gunjan (9D)

**Words make you think Music makes you feel**

# Our Mission in Action



## Hands on!

'The science of today is the technology of tomorrow.'  
Edward Teller



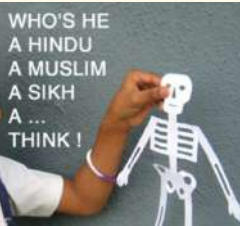
## Show Your Talent!

Our rocking Stars on the stage showing the world-  
'Nothing is impossible'



## Enhancing Thinking Skills

Education is not the learning of facts, but training of the mind to think.



There's no shortage of remarkable ideas, what's missing is the will to execute them.

## Paper Skeleton Making

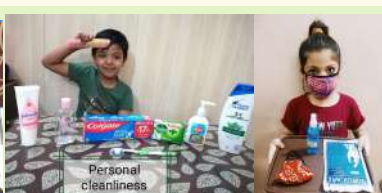


यज्ञो वै श्रेष्ठतमं कर्म भारतीय नववर्ष विक्रम सम्वत् २०७८ एवं आर्यसमाज स्थापना दिवस के अवसर पर सम्पूर्ण मानवता के कल्याण एवं शान्ति की कामना हेतु सामूहिक यज्ञ, सत्संग व प्रवचन का समायोजन किया गया।



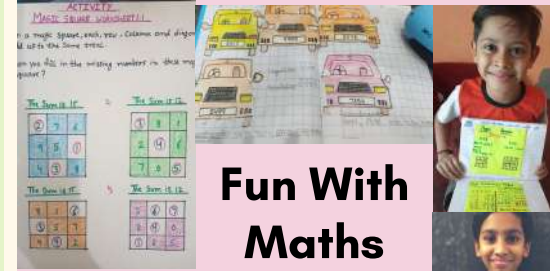
## Our Sensitized Youth!

Leaving no stones unturned... Learning the ways to maintain personal as well as social hygiene



## The only way to learn Mathematics is to do Mathematics.

Students introduced with fun and engaging activities like Vedic Maths Tricks, Fun with Division, Magic Square Abacus etc. Students used best out of waste and showed great zeal in doing these activities!



## Fun With Maths

## Shelter- We all need Protection.

Through this activity, students learnt about different regional variations that arise due to diverse conditions in India



## Our Budding Artists Crafting their Ideas into Reality.

Art is as natural as sunshine and as vital as nourishment. Art encourages children to think, developing skills and confidence as they go.



## Language learning is real fun!

Enhancing vocabulary and development of language skills through interesting activities.



## कलात्मक एवं सृजनात्मक विकास की ओर अग्रसर

हिन्दी भाषा द्वारा रचनात्मक लेखन में वृद्धि, भावाभिव्यक्ति, कौशल, सुलेख और प्रस्तुति में छात्रों का समग्र विकास आदि का उत्कृष्ट प्रदर्शन .....



## Virtual Google Expedition!



From the cafeteria to the work station, Computer Science students of class XI saw it all within - and outside - the walls of the Google Headquarters, California, USA. The focus of the visit was to showcase all the lavish workplace perks that have made Google so attractive to potential employees. It was then concluded with a Career Chit-Chat session.

## A good Salesman! Learning Selling Strategies!

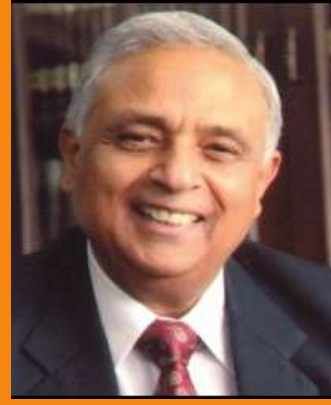
Young salesmen with the right approach and their selling strategies will definitely win the world. The activity has surely enhanced their speaking skills.



# Our Inspiration! Our Mentors!



**Sh. Ajay Suri**  
General Secretary, DAVCMC  
Vice- Chairman of the school



**Padma Shri Dr. Punam Suri**  
President, DAV College Managing Committee  
Chairman of the School



**Dr. Satish Ahuja**  
School Manager



**Ms. Namita Sharma**

**The Teacher Incharge speaks to inspire....**

*To those who see with loving eyes, life is beautiful  
To those who help with gentle hands, life is full  
And to those who care with compassionate hearts, life is good beyond all measures!*

The wheel of time takes another turn... it's time once again to work together positively amidst the changing scenario. At DAV Ballabgarh, we believe in a joyful experiential learning system wherein, we leave no stone unturned to offer multitudes of opportunities to our children! It is our strife to endow them with all these qualities and more. Our team of fabulous faculty members display boundless energy and intense commitment which keeps the ethos of our school shining brightly.

Keeping the spirits even higher, we are presenting the latest edition of our school Newsletter जिजीविषा. I congratulate our team of perseverant students, dedicated faculty and our cooperative parent community who work together to achieve the desired goal.

**Happy Reading! Stay Safe!**

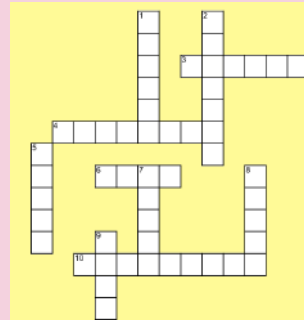


"विद्या विवादाय धनं मदाय,  
शक्तिः परेषां परिपीडनाय।  
खलस्य साधोः विपरीतमेतत्,  
ज्ञानाय दानाय च रक्षणाय ॥"



अर्थात्-दुर्जन की विद्या विवाद के लिए, धन उन्माद के लिए और शक्ति दूसरों का दमन करने के लिए होती है। सज्जन इसीको ज्ञान, दान और दूसरों के रक्षण के लिए उपयोग करते हैं।

## Puzzle Mania!



- Across
- The unit of force
  - The force that opposes motion. It starts with 'F'.
  - \_\_\_\_\_ is the amount of matter in an object.
  - We measure volume using a \_\_\_\_\_ cylinder.
- Down
- The force that acts on an object due to gravity is called \_\_\_\_\_.
  - Something made up of the same kind of atoms is called an \_\_\_\_\_.
  - A push or pull
  - The three states of matter are gas, liquid and \_\_\_\_\_.
  - A unit of mass
  - Another word for air resistance

### Answers



- Weight
- Element
- Newton
- Friction
- Force
- Mass
- Solid
- Pound
- Drop
- Graduated

## Go for it!



### Books to Read!

**The White Tiger - Arvind Adiga**  
**The Palace of Illusions - Chitra Banerjee Divakaruni**



### Must Watch!

**The Pursuit of Happiness**  
**Blue Umbrella**

For updates refer to:

School website: [www.davblb.ac.in](http://www.davblb.ac.in)

Facebook : <https://www.facebook.com/davpsblb/>

Twitter : <https://twitter.com/davblb>

Instagram : <https://instagram.com/davpsblb>